ARCTIC VERGE

HOW TO HEAT THE SAUNA

Wood-fired sauna | Guest instructions

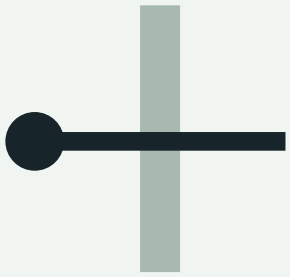
1 OPEN THE CHIMNEY DAMPER FIRST

The metal handle on the chimney pipe controls the smoke outlet.



OPEN - HANDLE IN LINE WITH FLUE

CLOSED POSITION



Handle ACROSS the flue

Keep the damper OPEN during burning and until all embers are completely out.

2 PREPARE THE FIRE

Small pieces of starter wood are already prepared for you.
Place them in the firebox with a little birch bark.

3 LIGHT THE BIRCH BARK

Light the birch bark - it works as a natural fire starter.
Close the firebox door once the fire has caught.

4 ADD FIREWOOD

When the starter wood is burning well, add up to TWO logs.
Add wood only when needed. Do not overload the stove.

MAXIMUM 2 LOGS AT A TIME

Never put more than two pieces of firewood in at once.

IMPORTANT SAFETY

Only use dry firewood and birch bark. Never use lighter fluid or burn rubbish.
Never close the damper while flames or glowing embers remain.
Hot stove and chimney: keep children clear and never leave an active fire unattended.
If smoke enters the room or an alarm sounds, go outside and call 112.
Follow the separate sauna water and bathing instructions.

ARCTIC VERGE

SAUNA | HAND SHOWER & WATER

How to use the hand shower



SHOWER KIT: ON THE SHELF ABOVE THE COAT RACK

1 Find the shower

Take the battery-powered hand shower from the box on the shelf.

2 Prepare the water

Mix hot and cold water in the larger bucket. Check the temperature.

3 Take a shower

Place the shower pump in the bucket of water and switch it on.

Where to find water

A 30-litre water canister may be available in the lounge area.

Please check there first. Use the larger bucket for mixing water.

IMPORTANT

Test the water temperature before using the shower to avoid burns.

Keep the electrical/battery unit dry unless its instructions allow immersion.